

## Celebrating 10 Years of Iris Place

NAMI Fox Valley is excited to celebrate the 10th anniversary of our peer run respite, Iris Place, with an open house at Iris Place on May 14, 4:00-6:00 PM (with brief remarks at 4:30). We hope that you'll stop by to tour Iris Place, learn more about the respite, and celebrate 10 years of providing peer support to guests and callers!



Iris Place opened in April 2015 as the first peer run respite in Wisconsin. It is a 5-bedroom, homelike environment that offers short-term stays of up to 7 nights for adults who are seeking peer support to navigate emotional distress related to mental health or substance use challenges.

Iris Place is staffed entirely by individuals with lived experience who are trained to provide peer support to others.

Over its ten years of operation, Iris Place has welcomed over 800 unique guests for over 1,200 stays. Guests are able to develop and work on strengths-based recovery goals, learn about helpful resources, and, most importantly, connect with others who understand their journey and can provide empathetic support. Outcome data shows that a stay at Iris Place helps to foster recovery and can decrease future need for crisis services.

Please join us at our May 14 open house to help us celebrate! No RSVP is required, but it would be appreciated for planning purposes. Just click the button below!

[LEARN MORE & REGISTER](#)

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## Upcoming

**Mental Health Matters Luncheon**  
Thursday, May 15 | 11 AM  
@ Bridgewood Hotel, Neenah

[REGISTER ONLINE](#)

**Iris Place 10<sup>th</sup> Anniversary Open House Celebration**  
Wednesday, May 14 | 4-6 PM  
@ Iris Place Peer Run Respite

[REGISTER ONLINE](#)

**Hearing Voices Simulation Training**  
Thursday, May 22 | 4:30-6 PM  
@ NAMI Fox Valley

[REGISTER ONLINE](#)



## "Hearing Voices" Simulation Training

In recognition of Mental Health Awareness Month, NAMI Fox Valley invites you to take part in our "**Hearing Voices**" **simulation**, a unique and eye-opening experience created to help you better understand what it's like to live with auditory hallucinations.

Through this **free**, immersive training, you'll gain a deeper sense of empathy and insight — whether you're a mental health professional, educator, student, family member, or simply someone who wants to understand others more compassionately.

**Spots are limited**, and registration is required.

Date and Time:

**THURSDAY, MAY 22, 4:30 PM – 6:00 PM**

Location:

**NAMI Fox Valley, 211 E. Franklin St., Appleton  
Lower Level Activity Room**

[\*\*REGISTER ONLINE\*\*](#)

# Mental Health Matters Luncheon

Altrusa International Foundation of Appleton, in cooperation with NAMI Fox Valley, is proud to present Mental Health Matters: A Luncheon honoring Mental Health Awareness Month.



The luncheon will feature keynote speaker Uma Chatterjee. Today, Uma is an award-winning neuroscientist, world-renowned mental health advocate, and science communicator living a full and purposeful life - but before accurate mental illness diagnoses and effective treatment, her life looked completely different. Uma's keynote address will share her full story, shedding light on both the debilitation that can come from severe mental illness and the hope, healing, and power of recovery through evidence-based treatment and community.

Fifty percent of funds raised from the event will be donated directly to NAMI Fox Valley to support our mental health support, education and outreach programs that serve thousands of community members each year. The remaining fifty percent of funds raised will support other local nonprofits through Altrusa Appleton's grants and gifts, and a scholarship for a local high school senior, over the coming year.

**Thursday, May 15, 2025, 11 AM**  
**Bridgewood Resort Hotel & Conference Center, Neenah**

The event will have raffle baskets, a silent auction, and opportunities for networking. A standard luncheon seat is \$50/person or a standard luncheon table of 8 can be purchased for \$350. Seats and tables are limited and can be purchased at the button below.

[\*\*RESERVE SEAT\*\*](#)

**NAMI Walks**  
*Fox Valley*

**SAVE THE DATE!**

**SATURDAY, OCTOBER 4, 2025**  
**FOX CITIES STADIUM, APPLETON**

**MENTAL HEALTH AWARENESS EVENT • FAMILY FRIENDLY • DOG FRIENDLY**