

Thursday, October 11 Agenda

- 8:00 - 8:30 a.m. **Registration**
- 8:30 - 8:45 a.m. **Welcome:** Maren Peterson, Executive Director NAMI Fox Valley, and Tara Prah, President of the Fox Cities Housing Coalition & Case Manager of Housing Partnership of the Fox Cities
- 8:45 - 10:15 a.m. **Shedding Light on the Mental Health of Transgender and Gender Nonconforming People**
Presenter: Dr. Erick Sheftic
The immense pressures of stigma, bias, discrimination, and hostility take a serious toll on the mental health of LGBTQ+ people. No members of our community feel this more strongly than those who are transgender or gender nonconforming. The session will provide time outlining issues faced with this population and will leave ample time for interactive Q&A.

Dr. Erick Sheftic is a resident psychiatrist at the University of Wisconsin Hospital and Clinics. He is a regular contributor to LGBTQ cultural congruency education seminars for health care providers and has participated in panel discussions in the community regarding his experiences as a transgender man.
- 10:15 - 10:30 a.m. **Break**
- 10:30 - 12:00 p.m. **A Community Approach to Addressing Mental Health Needs: The Role of a Behavioral Health Officer**
Presenter: Officer Ignacio Enriquez
This session will explore reasons that prompted the need for a Behavioral Health Officer (BHO) within the Appleton Police Department. Discover the history of the BHO position through different themes including being an agent of change, breaking through barriers encountered, navigating through the power of collaboration, obtaining buy-in from peers, and learning opportunities and successes. Explore common responses of law enforcement to a crisis encounter when working with individuals living with mental illness.

Officer Ignacio Enriquez has been with the Appleton Police Department for over 10 years and currently possesses a Master's Degree in Community Counseling and is a Licensed Professional Counselor in Training. He is the Behavioral Health Officer for the Appleton Police Department, where he is responsible for conducting crisis intervention, safety planning, and connecting individuals and families to mental health services. Enriquez is further involved with the police department's Law Enforcement Addiction Assistance Program (L.E.A.A.P), a program aimed at connecting individuals to AODA counseling and medical services.
- NOON – 1:00 p.m. **Lunch Provided- Virtual Hallucination Activity Available**
- 1:00 - 3:30 p.m. **Building Our Personal and Professional Compassion Resilience: Keeping Our Hearts Resilient in the Midst of Challenge**
Presenter: Suzette Urbashich, WISE-Wisconsin Initiative for Stigma Elimination
This session will increase awareness and understanding of compassion fatigue (CF), compassion resilience (CR), and its relationship to stigma. Participants will explore the concepts of CF and CR through an introduction to strategies and activities, from both a systems and individual perspective, to use in our work with individuals and families who face complex challenges. An Introduction to the free CR Toolkit will be provided, which contains information, activities, and resources to recognize and minimize the experience of CF and increases CR perspectives and skills.

Suzette Urbashich has over three decades of experience in education and advocacy as an educator, trainer, and administrator. She supports and oversees the collaborative work and partnerships of Rogers InHealth as the Administrative Director. Rogers InHealth is the education and advocacy arm of Rogers Behavioral Health System. Suzette serves as facilitative lead for the statewide coalition WISE (Wisconsin's Initiative for Stigma Elimination) - all with a focus on best practices for the elimination of stigma, for the hope of recovery, and to increase inclusion and effective supports.
- 3:30 - 3:45 p.m. **Wrap-up, Evaluations & Certificate of Attendance**