

# Family Mental Health Tool Kit

January 24, February 9 and March 7, 2012  
6:00 - 8:00PM

**Liberty Hall**

800 Eisenhower Drive  
Kimberly, WI 54136

**Many Community  
Booths FILLED with  
valuable resources!**

**JANUARY 24 • Dr. David Mays, M.D., Ph.D.**

**A User's Guide To Your Brain: What It Does, How It Does It, and What Goes Wrong**

This evening will focus on what we know about the human brain and mental illness. We will look at the broad range of normal and abnormal functioning with some suggestions for recognizing when your kids are OK and when you should seek help.

**This important presentation  
is FREE and open to all  
community members!**

*Cookies and Coffee  
will be served*

**FEBRUARY 9 • Dr. David Mays, M.D., Ph.D.**

**What Will People Say? What To Do When Emotional Problems Interfere With Living Your Life**

This evening will address getting help for emotional problems - where to go, how to talk about it, what can be done, and what to expect.

**MARCH 7 • James Larson, Ph.D.**

**How Was School Today? Parents and Schools Can Work Together to Effectively to Meet the Needs of All Children**

Children today are coming to school with a variety of social-emotional needs. Schools recognize their need to support and work with families at all levels. In this talk, Dr. Larson will outline ways for parents to be effective advocates for their children while building collaborative bridges with the school.

## About your Presenters



**Jim Larson, Ph.D.**

University of Wisconsin Whitewater  
Department of Psychology

*Jim Larson, Ph.D., is Professor of Psychology and Director of the School Psychology Program at the University of Wisconsin in Whitewater. He is also a member of the Scientific Board of the Melissa Institute for Violence Prevention and Treatment, headquartered in Miami, Florida. Formerly a school psychologist with the Milwaukee*

*Public Schools and the lead psychologist in the school system's Violence Prevention Program, Dr. Larson's major research interests are the treatment of anger and aggression in children and youth and programming for the prevention of school violence.*

*Dr. Larson has co-authored several books including, Think First: Addressing Aggressive Behavior in Secondary Schools, Helping Schoolchildren Cope with Anger, Second Edition: A Cognitive-Behavioral Intervention and Helping Schoolchildren Cope with Anger: A Cognitive-Behavioral Intervention*

**Dr. David Mays, M.D., Ph.D.**

Mendota Mental Health Institute  
Psychiatry and Neurology

*Dr. David Mays, M.D., Ph.D., is a licensed physician in Wisconsin. He is Board Certified by the American Board of Psychiatry and Neurology and has additional qualifications in Forensic Psychiatry. He is an Assistant Clinical Professor on the faculty of the University of Wisconsin in Madison, with*

*a dual appointment as faculty in the Department of Professional Development and Applied Studies. He is a member of the American Psychiatric Association, the Wisconsin Psychiatric Association and the American Academy of Psychiatry and the Law.*

*Dr. Mays has received numerous awards for his teaching and clinical work including the 2006 Outstanding Professional Award from the Wisconsin Association on Alcohol and Other Drug Abuse and the 2010 Outstanding Mental Health Professional Award from the Wisconsin National Alliance on Mental Illness.*



**KAUKAUNA**  
AREA SCHOOL DISTRICT



Little Chute Area School District  
Fostering a community of learners



Kimberly Area  
School  
District

Sponsored by



Kaukauna • Kimberly • Little Chute  
**M-Link Mental Health Linkages**  
Connecting Families, Communities & Schools  
100% federally funded through the U.S. Department of Education

Grants for Integration of Schools and Mental Health Systems